



As a woman in the legal profession, you face unique financial challenges and opportunities.

This guide addresses financial planning concerns that impact your professional and personal life.

Whether you're managing hefty student loans, maximizing your retirement savings, or ensuring your family's financial security, we provide practical strategies tailored to your needs.

Let's embark on this journey to help secure your financial future and achieve your goals. Your financial success starts here!



Retirement Planning and Longevity

Women are more likely to outlive their male spouses, potentially needing to live off one Social Security benefit.

- Plan for a longer retirement by saving more and starting early.
- Depending on your risk profile, you may want to be more aggressive with your investments to account for a longer retirement.
- Understand your retirement accounts, maximize contributions.
- Consider delaying Social Security benefits to increase your payout, particularly if you have longevity in the family.



Health and Long-Term Care Planning

Longevity means higher medical and long-term care expenses for women, particularly for same-sex couples.

- If you qualify, consider investing in health savings accounts (HSAs) to cover future medical expenses.
- Explore long-term care insurance options to protect against the high cost of aging.
- Create a comprehensive healthcare plan that includes preventive care and wellness strategies.





Balancing Career and Family Responsibilities



Women often take on significant familial responsibilities, potentially at the expense of their careers. Some tips to achieve a more balanced life, consider the following:

- Establish a work-life balance plan, including flexible work arrangements.
- Delegate family responsibilities and seek support from partners and family members.
- Invest (without guilt) in time-saving services and resources to reduce the burden of household tasks.

Caregiving Responsibilities



Women attorneys are more likely to be caregivers for aging parents, particularly since they tend to have higher salaries.

- Plan financially for potential caregiving responsibilities, including savings and insurance.
- Discuss caregiving roles and expectations with family members in advance.
- Seek out resources and support networks for caregivers to balance work and caregiving duties.



Addressing Wage Discrimination

Unfortunately, women have historically earned less than men. While less of an issue in the legal industry, wage discrimination does still exist. Consider the following ways to make sure you are appropriately compensated.

- Take advantage of professional development opportunities to enhance your value. The more indispensable you are, the stronger your position when negotiating.
- Regularly review and negotiate your salary and benefits. Stay informed about market rates for your role and location, and don't shy away from initiating these conversations.
- Explore alternative compensation structures, such as performance bonuses, equity stakes, or profit-sharing arrangements that align compensation with your contributions.
- Leverage mentorship and networking. Establish relationships with mentors and peers who can provide insights into fair compensation practices and advocate for your growth. Networking within women-led legal associations can also offer support and guidance.



Looking for more? Get personalized guidance—book a consultation now.

Receive professional guidance from experienced financial planners. Get a customized financial plan that addresses your specific concerns and goals. If you believe you can benefit from comprehensive support, covering aspects from tax optimization to estate planning, reach out! Schedule your complimentary consultation and start planning for a brighter future.

Learn More About Our Firm



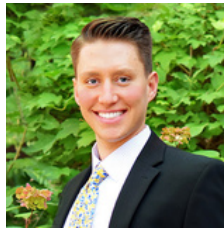
Listen To Our Podcast



Our Team



Niraj Chhabra
CFP®, MBA, CLTC, CRPC®
Managing Director



Ian Murray CFP®, Certified
Student Loan Professional®
Financial Advisor



Rylie Wicoff
Marketing &
Communication Manager



Vanessa Paris
Digital Marketing Coordinator



sidebaradvisors.com
(201)422-2971
info@sidebaradvisors.com